

Lymph System Drainage

The Lymph System is a network of capillaries and ducts which perfuse all the tissues of the body. On this system are nodes or tonsils which filter toxins and parasites, and which produce antibodies to kill those.

The Lymph system also distributes nutrients to the tissues. Fat is absorbed through the various parts of the lymph network. It distributes Lymphocytes which produce antibodies to combat invading organisms.

Blockages in the Lymph System can occur anywhere in the network, but are mainly felt in the superficial tissues of the body. The Lymph System drains through ducts in the upper chest. When these are blocked, the whole of the remaining network is blocked. When the Lymph System becomes infected or blocked, its immunity – conferring function is compromised. Retained water in the tissues, particularly the lower limbs is most frequently due to lymph blockages and toxicity. The body holds the toxins either in the fatty tissues or dilutes them in the water surrounding the cells. This one has excess weight which will not reduce while the body needs to protect itself from toxins in this way. In all cases of chronic toxicity, and water retention, it is essential that the Lymph System be open and operating effectively in order that the toxins may be expelled.

Conventional Lymph Drainage is done by deep tissue massage which can be painful. High frequency massage can free blockages in the lymph in a few minutes without pain or discomfort. The high frequency equipment shoots photons from a special lamp into the tissue. These photons generate or release cellular energy, thus charging the system with energy as well as releasing blockages. When used in conjunction with healing balms, this equipment drives the balms deep into the tissues and helps to release blockages.

The procedure requires the person to undress down to pants. S/he is then kept discreetly covered except for those parts which are being worked on. The major channels across the collar bone are cleared first, then the lymph is chased down the arms and up from the legs and flanks, to drain through the chest. The belly area around the navel may need to be cleared as well. Breasts and genital area are not worked on for general treatments. Women may have a chaperone if they want one.